

# JIU-JITSU SUMMER CAMP RULES

1. **ATHLETES CANNOT HAVE CONTACT WITH ANYONE OUTSIDE THE HOTEL SO THAT WE ARE NOT AT RISK OF CONTAGION.**
2. **NO ONE WHO IS PART OF THE CAMP CAN ORDER FOOD OUTSIDE THE CAMP SO THAT WE DO NOT HAVE CONTACT FROM OUTSIDE THE HOTEL.**
3. **IT IS ALLOWED TO ORDER FOOD FROM THE HOTEL'S RESTAURANT UPON PAYMENT BY THE ATHLETE AND PAYMENT FOR ORDERS IN THE ROOM MUST BE MADE AT THE SAME TIME AS THE DELIVERY OF FOOD.**
4. **ATHLETES CANNOT EXCHANGE ROOMS, SO THAT THE STAFF AND HOTEL HAVE BETTER CONTROL AND CAN FIND THE ATHLETE FOR SAFETY REASONS.**
5. **ALL PARTICIPANTS MUST WALK WITH BADGES DURING THE CAMP SO THAT ALL STAFF CAN IDENTIFY THEM.**
6. **NONE OF THE ATHLETES CAN LEAVE THE CAMP WITHOUT COMMUNICATING TO THE DESIGNATED PERSON INSIDE THE CAMP.**
7. **NONE OF THE ATHLETES CAN CREATE THEIR OWN SCHEDULE, EVERYONE MUST FOLLOW THE SCHEDULE PRESENTED BY THE ORGANIZERS.**
8. **ALL CAMP MEMBERS MUST RESPECT THE CURFEW TO SLEEP. (IT IS NOT ALLOWED TO BE RUNNING OR SHOUTING DURING THE NIGHT, WE HAVE TO RESPECT THE HOTEL GUESTS).**
9. **ALL AREAS (TATAMI, GYM AND POOL) CAN ONLY BE USED WITH SUPERVISION OF THE ORGANIZING TEAM.**
10. **ATHLETES CANNOT WASH MORE THAN 4 PIECES OF CLOTHING PER DAY, IN CASE OF PLACING MORE THAN 4 PIECES, THE EXTRA PIECES MUST BE PAID BY THE ATHLETE.**
11. **IT WILL NOT BE ALLOWED TO TRAIN JIU JITSU IF THE ATHLETE'S GI IS DIRTY OR SMELLS BAD AND PHYSICAL TRAINING WILL ONLY BE ALLOWED THROUGH THE USE OF SHORTS, SHOES AND SHIRT AND IT IS NOT ALLOWED TO DO PHYSICAL TRAINING WITH GI OR PANTS.**